



## Northern Nevada International Dragon Boat Festival Participant Checklist

This document contains important information for **Team Captains and participants**. Please read carefully to help ensure you have a great experience at the Festival on race day.

A Festival Guide Newsletter will be sent to participants in preparation for the event the week leading up. You must be **subscribed** to our email list.

### Practice & Race Day Info

#### Event Practices

Pre-event practices will be held on **Thursday, August 14<sup>th</sup>** and **Friday, August 15<sup>th</sup>** at **Sparks Marina Park**. Registered teams with a confirmed practice should **arrive at the venue 20 minutes before** their scheduled time to allow for the check-in process with a GWN coach. Practices are **50 minutes long** and will not be extended for any teams that arrive late to a practice session.

For more information, please visit the Practice section of the [festival page](#).

To purchase additional practice sessions, please [login](#) to your account, click on your team name associated with the event, and click on the 'Get More' button.

If your team has not yet booked a practice, please contact [bookings@gwndragonboat.com](mailto:bookings@gwndragonboat.com).

#### Race Day Schedule

The race schedule will be posted on **Monday, August 11<sup>th</sup>**, on our website under the 'Schedule' section of the Nevada festival page. Team Captains must check in on Saturday morning to receive racing wristbands.

Check-in will open at approximately **7:00AM** at **Race Headquarters** please stay tuned for the Festival Guide for exact timing).

For more information, please visit the 'Schedule' section of the [festival page](#).

#### Team Captain's Meeting

There will be a Team Captain's meeting on Saturday morning in front of the Marshalling Area to discuss race day rules and address any questions, approximately one hour prior to the first race please stay tuned

for the Festival Guide for exact timing).

### □ Parking at Sparks Marina Park on Race Day

The event is held at Sparks Marina Park at **300 Howard Drive Sparks, NV 89434**. To help cut down on traffic congestion entering and exiting the park, carpooling to event is strongly recommended. Please plan to give yourself extra time to arrive on-site, as there may be some delays with traffic.

**Free parking is also available to the north and south of the roundabout at Nichols Blvd./Howard Drive.**

For more information, visit the 'Parking' and 'Location' sections of the [festival page](#).

### □ Event & Venue Policies

Crews are expected to respect the rules of Sparks Marina Park. Unless specifically stated on [gwndragonboat.com](#), please observe the following rules:

- BBQs, grills and cooking devices are not permitted.
- Dogs must be leashed at all time at Sparks Marina Park.
- Glass containers are prohibited in the park.
- Alcoholic beverages are prohibited unless purchased from an on-site licensed vendor.
- Where tents are provided to teams or purchased from GWN, no additional tent structures are permitted.
- **All cars must be parked in designated parking areas. Absolutely no vehicles are allowed in the Athletes' Village or on event grounds.**
- Teams are responsible for picking up their waste within their team sites. In addition to handing out wastebags during team check-in, there will be wastebaskets located throughout the Athletes' Village to maintain the park's cleanliness. Let's all work together to keep Sparks Marina clean and green.

Crews in violation of any of the above rules will be given ten (10) minutes to rectify the situation. If not rectified within ten (10) minutes, a Time Penalty or disqualifications from the event may be assessed at the Chief Official or Event Director's sole discretion.

## Team Captain's Checklist

### □ Team Roster Rules

Please make sure that your team follows the **roster rules**. A team roster **must not exceed 26 members** - this includes a steersperson, a drummer, and 24 paddlers. Teams without an experienced dragon boat steersperson will be provided one by GWN for your practice session and on race day; in this case, rosters cannot exceed 25 members.

Please respect and follow the rules listed below, respective to your team's Race Class:

<b>Mixed Division</b>	<ul style="list-style-type: none"><li>• Maximum 10 male paddlers in the boat.</li><li>• Any number of female paddlers.</li></ul>
<b>Women's Division</b>	<ul style="list-style-type: none"><li>• All paddlers must be female.</li></ul>
<b>Open Division</b>	<ul style="list-style-type: none"><li>• Any combination of men, women, non-binary, gender fluid, gender non-conforming and gender queer paddlers.</li></ul>
<b>BCP Division</b>	<ul style="list-style-type: none"><li>• All paddlers and drummer must be a breast cancer survivor.</li></ul>
<b>ACP Division</b>	<ul style="list-style-type: none"><li>• All paddlers and drummer of all genders who are survivors of any type of cancer.</li></ul>
<b>Paradragons/Disabled Veterans (PD)</b>	<ul style="list-style-type: none"><li>• Comprised of athletes with some form of physical, psychological, neurological, sensory, developmental, or intellectual impairment.</li></ul>

**No paddler may paddle on two teams within the same Race Class.** For example, a paddler cannot paddle on two Mixed teams. However, the same paddler can paddle on one Mixed team and one Women's team.

Visit the [FAQ](#) section for more information.

## □ Waivers

**Every participant**, including the drummer and steersperson, **must complete, sign, and submit a GWN waiver**. Waivers must be completed online by **12PM EST on Wednesday, August 13<sup>th</sup>**. Please note that in order for waivers to be completed online, Captains must first create a roster and invite crew members.

For more information, please visit the [FAQ](#) section.

The registration system will close after 12PM EST on Wednesday, August 13<sup>th</sup> and access to change the roster and accept invites will be restricted.

**After the deadline, any waivers and changes can be made on race day at Race Headquarters.**

## □ Team Site

**Each team will receive a 20x20 space within the Athletes' Village.**

Team Captains: Please book your team site by **Wednesday August 6<sup>th</sup>**, or your site will be assigned by GWN. To reserve your site, view the **site availability chart** under the 'Athletes' Village' section of the [festival page](#) and contact [bookings@gwndragonboat.com](mailto:bookings@gwndragonboat.com) with the following information:

- Event name
- Team name
- Preferred site #

## **Rentals:**

**Teams are allowed to bring personal tents or rent a tent from GWN to set up in the Athletes' Village.** Only teams who have purchased a tent ahead of time will receive one on their tent site. If you are renting a tent, you cannot bring an additional personal tent.

To rent a tent, tables and/or chairs, please [login](#) to your account, click on your team name associated with the event, and click on the 'Get More' button.

Deadline to order any rentals is **Wednesday, August 6<sup>th</sup>**.

**Please note: Teams have the option of renting a tent, or bringing their own, however you cannot do both. Teams cannot bring their personal tents to set up alongside rented event tents.**

## □ Lodging Forms

Part of our commitment to our local partners, as is with each community that hosts MLDB events, is to provide them with the economic impact of our festival.

**All teams** are required to complete and [submit a Lodging Form](#) before **Wednesday, August 13<sup>th</sup>** to [bookings@gwndragonboat.com](mailto:bookings@gwndragonboat.com).

**Teams will not be able to check in unless a form is submitted.**

## □ Rules of Racing

All Major League Dragon Boat series events follow a standard set of rules of racing. For reference, the Rules of Racing can be found [here](#).