



## Toronto International Dragon Boat Race Festival Participant Checklist

This document contains important information **for Team Captains and participants**. Please read carefully to help ensure you have a great experience at the Festival on race day.

A Festival Guide Newsletter will be sent to participants in preparation for the event the week leading up. You must be **subscribed** to our email list.

### Race Day Info

#### Race Day Schedule

The race schedule will be posted on **Monday, June 10<sup>th</sup>**, under the 'Schedule' section of the Toronto Island festival page. Team Captains must check in on Saturday morning in order to receive racing wristbands.

Check-in will open at approx. **7:00AM at Race Headquarters** (please stay tuned for the Festival Guide for exact timing).

For more info, visit the 'Schedule' section of the [festival page](#).

#### Team Captain's Meeting

There will be a Team Captain's meeting on Saturday morning in front of the Marshalling Area to discuss race day rules and address any questions, one hour prior to the first race (please stay tuned for the Festival Guide for exact timing).

#### Parking & Toronto Island Ferry on Race Day

There are no public vehicles allowed on Toronto Island. There are various paid parking lots in the area surrounding the Jack Layton Ferry Terminal.

The passenger ferry is located at the Jack Layton Ferry Terminal at 9 Queens Quay W, Toronto, ON.

Participants to take the **passenger ferry to Centre Island**. On Saturday, the ferry will start at approximately 6:00AM and every 30 minutes after OR the ferry will depart whenever it is fully loaded. On Sunday the ferry will leave at approximately 6:30AM and every 30 minutes after.

**Ferry schedule is subject to change**, (please stay tuned for the Festival Guide for exact timing).

For more information, visit the 'Parking' & 'Location' sections of the [festival page](#).

## □ Event & Venue Policies

Crews are expected to respect the rules of the Toronto Islands. Unless specifically stated on [gwndragonboat.com](http://gwndragonboat.com), the following rules apply:

- BBQ or cooking devices are not permitted.
- Where tents are provided to teams or purchased from GWN, no additional tent structures are permitted.
- Alcoholic beverages are prohibited unless purchased from an on-site licensed vendor.
- Dogs are allowed but must be on a 6ft leash at all times.
- Teams are responsible for picking up their waste within their team sites. In addition to handing out wastebags during team check-in, there will be wastebaskets located throughout the Athletes' Village to maintain the venue's cleanliness. Let's all work together to keep the Toronto Islands clean and green.

Crews in violation of any of the above rules will be given ten (10) minutes to rectify the situation. If not rectified within ten (10) minutes, a Time Penalty or disqualifications from the event may be assessed at the Chief Official or Event Director's sole discretion.

## Team Captain's Checklist

### □ Team Roster Rules

Please make sure that your team follows the **roster rules**. A team roster must not exceed 26 members - this includes a steers, drummer, and 24 paddlers.

**All teams must have their own experienced steersperson, or, if not, teams may hire an event steersperson** through GWN, please [login](#) to your account, click on your team name associated with the event, and click on the 'Get More' button. Deadline to reserve a steersperson is **Wednesday, June 5<sup>th</sup>**.

Please respect and follow the rules listed below, respective to your team's Race Class:

<b>Mixed Division</b>	<ul style="list-style-type: none"><li>• Maximum 10 male paddlers in the boat.</li><li>• Any number of female paddlers.</li></ul>
<b>Women's Division</b>	<ul style="list-style-type: none"><li>• All paddlers and drummer must be female.</li></ul>
<b>Open Division</b>	<ul style="list-style-type: none"><li>• Any combination of men, women, non-binary, gender fluid, gender non-conforming and gender queer paddlers.</li></ul>
<b>BCP Division</b>	<ul style="list-style-type: none"><li>• All paddlers and drummer must be a breast cancer survivor.</li></ul>
<b>ACP Division</b>	<ul style="list-style-type: none"><li>• All paddlers and drummer of all genders who are survivors of any type of cancer.</li></ul>
<b>Paradrasons/Disabled Veterans (PD)</b>	<ul style="list-style-type: none"><li>• Comprised of athletes with some form of physical, psychological, neurological, sensory, developmental, or intellectual impairment.</li></ul>

**No paddler may paddle on two teams within the same Race Class.** For example, a paddler cannot paddle on two Mixed teams. However, the same paddler can paddle on a Women's team.

Visit the [FAQ](#) section for more info.

### □ Waivers

**Every participant**, including drummers and steersperson, must complete and sign a GWN waiver. Waivers must be completed online by **12PM EST on Wednesday, June 12<sup>th</sup>**. Please note that in order for waivers to be completed online, Captains must first create a roster and invite crew members.

For more info, please visit the [FAQ](#) section.

The registration system will close after 12PM EST on Wednesday, June 12<sup>th</sup> and access to change the roster and accept invites will be restricted.

**After the deadline, any waivers and changes can be made on race day at Race Headquarters.**

### Team Site

**Each team will receive a 20x20 space within the Athletes' Village.** For teams not wishing to reserve a spot, there will be open space south of the permanent buildings.

Team Captains: For teams who wish to reserve your team site in the designated areas, please book by **Wednesday, June 5<sup>th</sup>**. To reserve your site, view the site availability chart under the 'Athletes' Village' section of the [festival page](#) and please contact [bookings@gwndragonboat.com](mailto:bookings@gwndragonboat.com) with the following information:

- Event name
- Team name
- Preferred site #

### **Rentals:**

**Teams are allowed to bring personal tents or rent a tent from GWN to set up in the Athletes' Village.** Only teams who have purchased a tent ahead of time will receive one on their tent site. If you are renting a tent, you cannot bring an additional personal tent.

To rent a tent, tables and/or chairs, please [login](#) to your account, click on your team name associated with the event, and click on the 'Get More' button. Deadline to order any rentals is **Wednesday, June 5<sup>th</sup>**.

**Please note: Teams have the option of renting a tent, or bringing their own, however you cannot do both. Teams cannot bring their personal tents to set up alongside rented event tents.**

### Lodging Forms

Part of our commitment to our local partners, as is with each community that hosts MLDB events, is to provide them with the economic impact of our festival. **All teams** are required to complete and [submit a Lodging Form](#) before **Wednesday, June 12<sup>th</sup>** to [bookings@gwndragonboat.com](mailto:bookings@gwndragonboat.com).

**Teams will not be able to check in unless a form is submitted.**

### Rules of Racing

All Major League Dragon Boat series events follow a standard set of rules of racing. For reference, the Rules of Racing can be found [here](#).